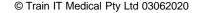




Telehealth for Specialists & Specialist Practice Managers

- WentWest -

Presented by:
Katrina Otto
Train IT Medical Pty Ltd
www.trainitmedical.com.au
enquiries@trainitmedical.com.au





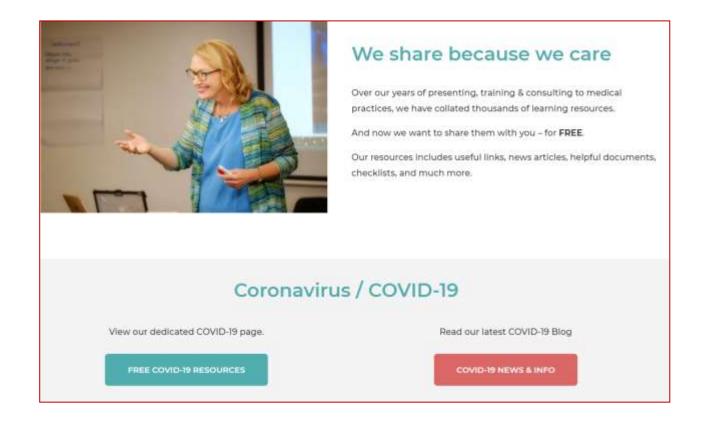


Train IT Medical acknowledge the traditional owners and custodians of land and waterways we meet on today.

We wish to pay our respects to Aboriginal and Torres Strait Islander elders past, present and future.



Further learning:



TRAIN IT MEDICAL trainitmedical.com.au



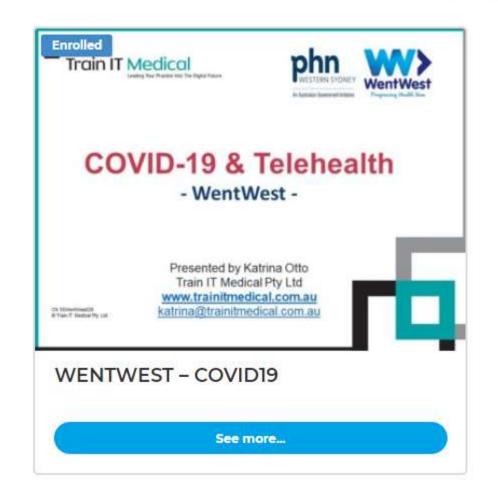
Access eLearning course:

https://courses.trainitmedical.com.au/

Enrolment Code: p8GsSTHo



- 1. Presentation used in Nurse Connect WentWest Webinar
- 2. Presentation used in WentWest & HealthDirect Webinar:
- 3. Telehealth Video Consultations Guide | RACGP
- 4. How to do video consultations well | ACRRM



Learning Objectives:

- 1. Discuss telehealth for specialists
- 2. Prepare for team-based care using case conferencing.
- 3. Explore benefits of **My Health Record** for specialists including Covid-19 pathology testing and results management.

Learning Objective 1:

Discuss telehealth for specialists



"The worst way to do this is to think about it installing a piece of technology.

The best way to do it is to think of it as improving a service.



Prof Trish Greenhalgh: Webinar, Oxford University – COVID-19 and Digital Technology...

What is telehealth?

"Telehealth, in the context of the Australian healthcare setting, can be defined as the use of videoconferencing technologies (including phone) to conduct a medical consultation where audio and visual information is exchanged in real time."

Royal Australian College of Physicians – Telehealth Guidelines and Practical tips



Equipment for videoconferencing

1. Webcam

Tips: Position at top of screen for eye-contact Move patient pic underneath camera

- 2. Microphone
- 3. Speakers or headphones
- 4. Ideally 2 screens (1 for telehealth software, 1 for medical record)
- 5. Internet connection with sufficient bandwidth.

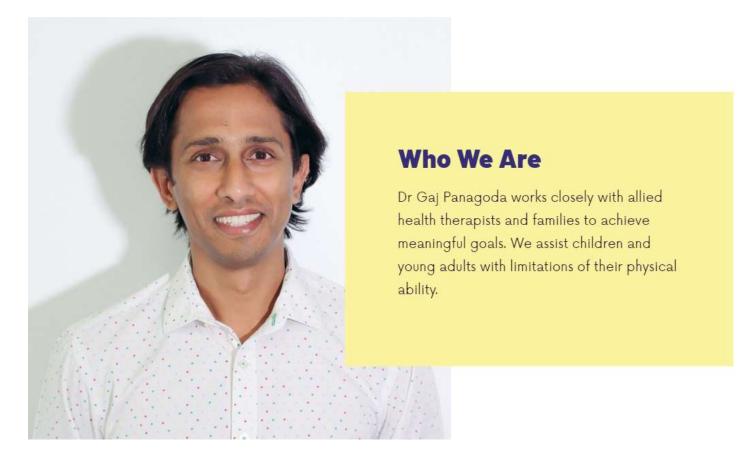
Tips: Run a speedtest.
Install a separate broadband connection for video calls.



Speedtest



Specialists & Case Conferencing



Dr Gaj Panagoda

Paediatric Rehabilitation Physician & General Paediatrician, Institute for Urban Indigenous Health

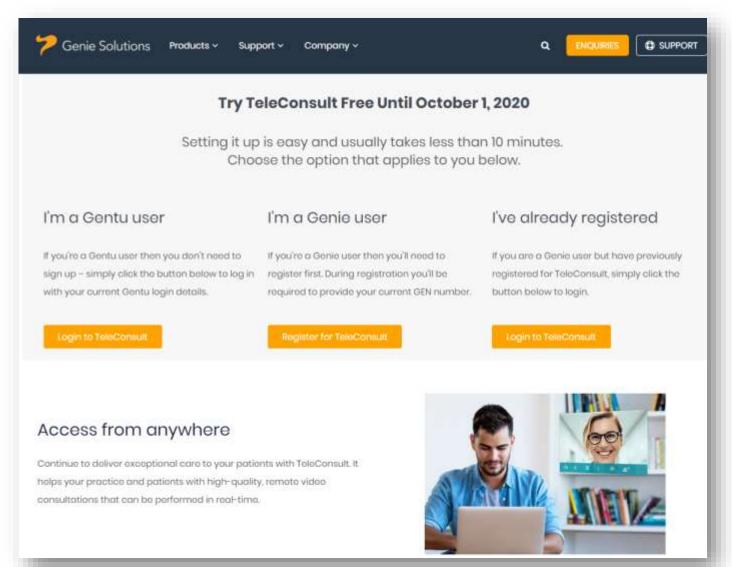
https://superkidrehab.com.au/



"I was more relaxed about telephone versus video, less likely to run to time. With video I have the link set up for a certain time. I am more mindful of time than even in my consulting room.

> Dr Gaj Panagoda, Paediatric Rehabilitation Physician & General Paediatrician, Institute for Urban Indigenous Health

Software Integration



Genie Solutions

MedicalDirector Telehealth



- Telehealth capability has launched in MedicalDirector Helix and Clinical. In Helix, it is accessible within the Clinical Consult panel. In Clinical, it is accessible via the Sidebar
- No need for any special downloads. A secure link can be sent to the
 patient as part of the normal email and SMS confirmation process,
 and the patient can join the consultation at the appropriate time, via
 phone, tablet or computer
- Telehealth capability will be free within MedicalDirector for at least the next 3 months, to support practices during COVID-19 (conditions apply)
- Emails have been sent to all MedicalDirector practices with instructions on setting up

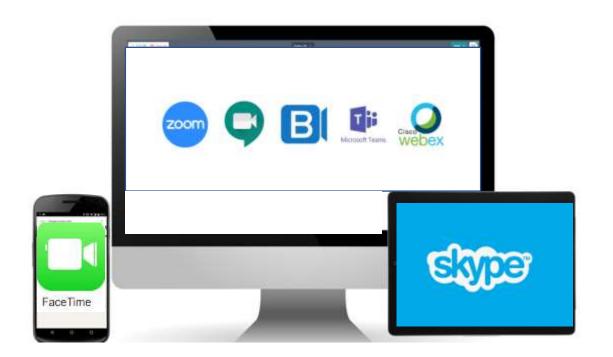


What is Best Practice doing?

- Telehealth consults using integrated software
 - Myhealth1st
 - HotDoc
 - Healthsite
 - HealthEngine
 - AutoMed Systems
- Suggested workflows for telehealth consults for non-integrated software (and lots of other useful COVID-19 specific information) available via our Knowledge Base (accessed via help>online within Bp Premier)
- Fast Tracked ePrescriptions will be available in Jade Sp3
- It's imperative you are operating on the most recently released version of Bp Premier to take advantage of ePrescriptions, or any other initiatives Best Practice releases in the coming months.











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COVID-19 resources: telehealth



Written by Kate McDonald on 21 April 2020.

Quick guides to telehealth

The University of Queensland's Centre for Online
Health has released some quick guides to telehealth
for practitioners and patients. For health professionals,
there is a quick start to video conferencing with tips on
optimising video and audio quality and how to set up a
video conferencing space. There are also tips on
purchasing peripherals like webcams, headsets and

speakerphones for telehealth, and a comparison guide to three cloud-based video conferencing platforms: Coviu, Healthdirect Video Call and Zoom.

Telehealth Solutions



Q → Log in Search this Site or signup

eHealth

National eHealth Program ▼ Telehealth ▼ Social media ACRRM ▼



Telehealth Provider Directory

Find a Telehealth specialist Find a Telehealth generalist Register your organisation and your clinicians



Tech-e-Select

Video-conferencing solutions Facilitated solutions TeleHealth peripherals List your technology



Forum activity

What's hot:

Jump to forum:

- Telehealth general discussionet eHealth ready ▶
- eHealth general discussionTelehealth step-by-step
- TSOs
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- See all forums

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ACRRM Telehealth standards framework ACRRM Telehealth quidelines eHealth & Social Media modules IMIT curriculum & Telehealth modules:



Resources

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Preparation

- 1. Start with technology you and your patients are comfortable with.
- 2. Tell your patient what to expect if technology fails eg "I will call you".
- 3. Acknowledge pros and cons of telehealth. "Are you used to video?
- 4. Create new dialogues eg. "I need to refer to/type some notes in your medical record. I will just be looking away for a moment, is that okay with you?
- 5. Access/add information to My Health Record.

TELEHEALTH TIPS FOR PATIENTS

How to prepare for telephone or video medical appointments





Your healthcare provide may need to ask you personal questions and see you clearly. Please find a private, quiet space with good lighting.



ALLOW PLENTY OF TIME

Due to medical emergencies it is initially impossible for doctors to rust exactly to the minute. Make yourself comfortable and expect to well.



WRITE A LITTLE LIST

It can be hed to remember what you wanted to discuss with your doctor. Write a list of what you want to cover and keep it harely for the appointment.



CHECK YOUR UNDERSTANDING

Jeioneath consultations require extra slarity. Repeat back important instructions to your leastnesse provider to ensure you understand



TELEHEALTH IS NEW FOR EVERYONE

Tolehealth is new to your healthcare providers. It may be new for you. Please share your thoughts and experiences and together we can improve addition centred healthcare for exercise.

Telehealth Tips for Patients | Practice Coach

Providing technology-based patient consultations

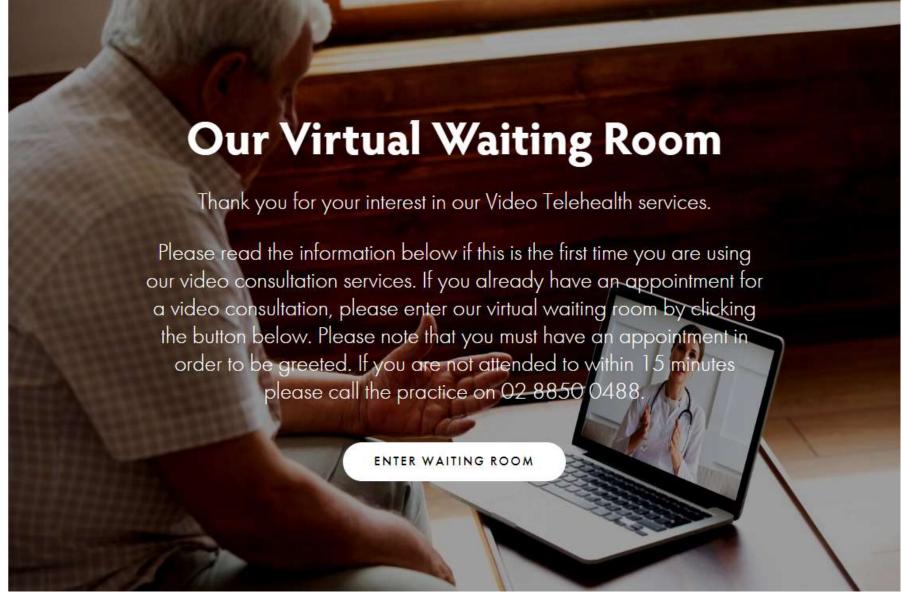
Confirm patient ID
Obtain consent
Judge appropriateness of telehealth
Explain what's going to happen
Assess patient's condition based on appearance and clinical signs.



Learning Objective 2:

Prepare for team-based care using case conferencing.







Hills Family General Practice

HealthDirect Resource Centre

Attending your appointment via a Video Call

Replace this text with the name of your service.

Where appropriate, you can have your consultation online via a video call

Video calling is as convenient as a phone call, with the added value of face-to-face communication.

It can save you time and money, and brings your care closer to home.



Where do I go to attend my appointment?

To attend your appointment, go to: Replace this text with the URL of your service's Waiting Area entry page

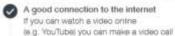
instead of traveling to your appointment, you enter the clinic's waiting area chilne.

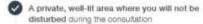
The health service is notified when you arrive, and your olinician will join you when ready.

There is no need to create an account. No information you enter is stored.



✓ What do I need to make a video call?







· Google Chrome web browser (recommended) or Firefox web browser on a desistop or laptop (Windows or MaoOS), or on an Android tablet or smartphone



Video calls are secure; your privacy is protected. You have your own private video room, that only authorised clinicians can enter.



The video call is free lexcept for your internet usage). However, the regular costs - if any - of a medical consultation still apply.



How much internet data will I use?

You don't use any data while waiting for a clinician ta jain you.

A video consultation uses less than half of the data you would use while watching a YouTube video in High Definition*.

Data use is less on lower-speed internet connections, or if you're using a less powerful computer, tablet, or amartphone. These factors can also reduce the overall quality of the call.

Data use increases when there are more than two participants in the call.



Smartphone & tablet users

Patient Information Leaflet



Where do I go to attend my appointment?

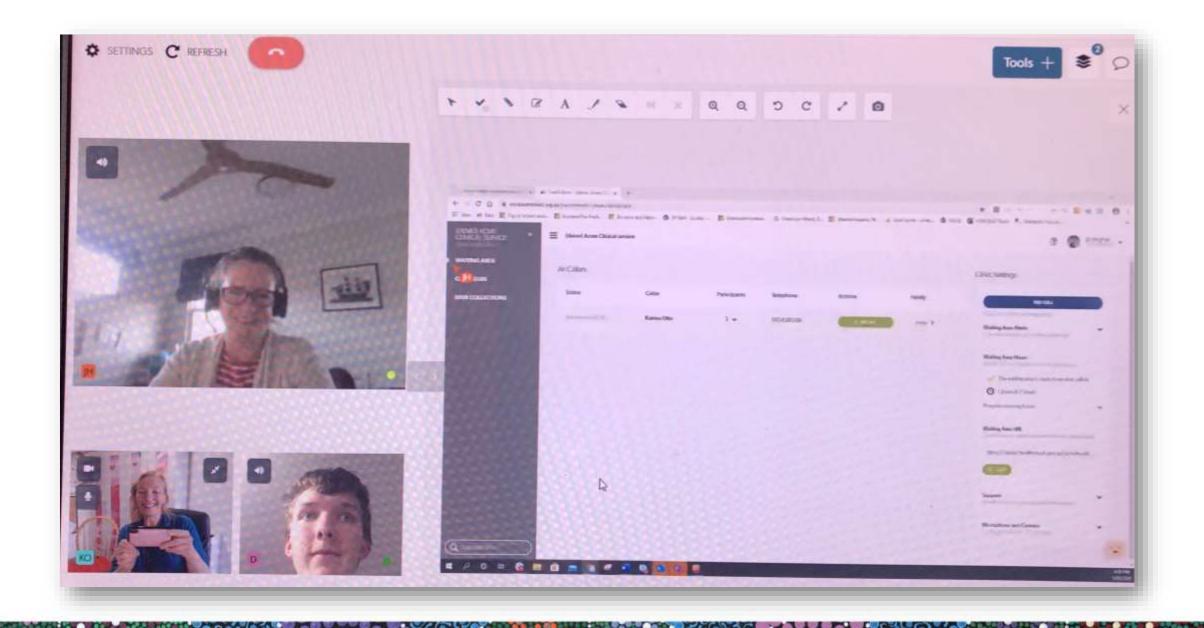
To attend your appointment, go to:

Replace this text with the URL of your service's Waiting Area entry page



support@wentwest.com.au ph 8811 7117







Dr Gaj Panagoda,
Paediatric Rehabilitation Physician &
General Paediatrician,
Institute for Urban Indigenous Health

"General assumption is that you lose rapport but that is the opposite of what I've found over the past 2 years of doing telehealth".

> Pomegranate Health

Ep57: The Art of Telehealth



Date: 23 April 2020 Category: <u>Trainees Fellows</u> Ep57: The Art of Telehealth



Listen to RACP podcast: The Art of Telehealth

The patient's healthcare team. Tips from OT Brooke

KP: Brooke has a
9:10AM TELEPHONE
appt Tue 3/31. KP will
call you between
8:40AM-9:40AM. To
cancel, reply CANCEL
APPT. To end text msgs
reply STOP

"Even if the patient is not hearing impaired, they will often mishear or get words mixed up. Without non-verbal clues there will be misinterpretation."



Slow down | Keep it simple | Get patient to repeat back to check understanding

Centre for Online Health CENTRE FOR HEALTH SERVICES RESEARCH

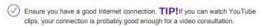


ATTENDING YOUR VIDEO CONSULTATION: A telehealth guide for patients



STEP 1: Check you have the right equipment for a video consultation

You will need a computer or tablet computer with either a built-in web-cam or a USB web-cam.

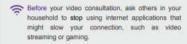


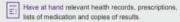


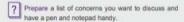


Once you have an appointment here's how to prepare and get the best out of your video consultation.

STEP 2: Prepare for your video consultation











Set up in a quiet, private and well-lit room.



Try not to sit with bright light behind you - for example, face the window rather than having your back to the window. This will help to ensure your face can be seen clearly.



Connect your laptop or tablet to the Internet.



Sit close to the camera so your head and shoulders



[88] If there is someone with you, ensure both of you can be seen.

A few minutes before your appointment time, follow the connection instructions provided to you when you made the appointment.

TIP! When making your appointment ask how you can practise connecting before the actual video consultation.

STEP 3: During for your video consultation

- (V) Look directly at the screen.
- Speak a little more slowly than normal to help your healthcare provider hear you clearly.
- (V) Take care not talk over the top of your healthcare provider. Pause after speaking and be conscious of taking turns to speak.
- (V) If you get cut off and can't reconnect, wait for a phone call from the healthcare provider.
- If you need to move out of camera view, inform your healthcare provider what you are doing.
- Write down any advice or instructions, and make sure you understand the next steps (e.g. where to leave a specimen; how to receive a prescription).
- Repeat the instructions back to the healthcare provider.
- () When you've both said goodbye, disconnect the

CONTACT US:







Version: March 2020

HOW TO DO A HIGH QUALITY REMOTE CONSULTATION¹

1. BEFORE THE CONSULTATION

- . Confirm that a remote consultation is clinically appropriate for this patient, at this time.
- to do the same, do not sit in front of a bright window (draw curtains)
- · For video decide on the platform to be used e.g. Healthdirect, Skype, Zoom, Facetime, WhatsApp etc.
- . Take the patient's phone number and provide the patient with information on video or phone consults.
- Inform the patient of any additional charges for a remote consult.

- . Know how you will access the patient's notes before, during and after the consult
- Plan to use a private, well-lit room and ask the patient
 Have your equipment in place and tested ideally dual screen and a speed test.
 - . Have your plan B in place such as rescheduling, using the phone or if the patient is seriously ill.
 - . On the day check the technology is working.
 - . Contact (call, SMS) the patient an hour before the consult to confirm it's still appropriate to wait until the appointment time.

2. STARTING THE CONSULTATION

- Initiate the consultation by connecting online or calling the patient
- Say something e.g. 'can you hear/see me?' use the chat or phone to troubleshoot with the patient and position screens so you can both be seen clearly.
- Revert to your plan B if the technology isn't working.
- . Confirm the identity of the patient and anyone else on the call with either you or the patient or that they are
- . Take and record verbal consent for the video or phone.
- . Explain what can or cannot be done on a remote consult.

3. DURING THE CONSULTATION

- . Remind the patient what the plan B is should the technology fail and they are not to record the consultation or out health information in the chat.
- · Provide instructions on how to capture visual information - come close to the camera or take a
- . Let the patient know when you are taking notes or reading something - silence is OK.
- · Ensure adequate clinical notes are in the patient medical record.
- . Be aware that remote consults are new for patients and communication may be harder for you and them.

4. FINISHING THE CONSULTATION

- Summarise key points and what happens next who will
 Tell the patient you are going to close the call. do what 6 when
- . Ask the patient if they need anything clarified.
- . Confirm and record if the patient is happy to have a remote consult again
- . Send a patient evaluation form to get their feedback on having a remote consultation.

A remote consultation is one where the Doctor and Patient are not in the same room. This could be by phone or video.

To find out more, visit us online at acrrm org.au or call 1800 223 226









2. STARTING THE CONSULTATION

- Initiate the consultation by connecting online or calling the patient.
- Say something e.g. 'can you hear/see me?' use the chat or phone to troubleshoot with the patient and position screens so you can both be seen clearly.
- · Revert to your plan B if the technology isn't working.
- Confirm the identity of the patient and anyone else on the call with either you or the patient or that they are alone.
- Take and record verbal consent for the video or phone consult.
- Explain what can or cannot be done on a remote consult.

3. DURING THE CONSULTATION

- Remind the patient what the plan B is should the technology fail and they are not to record the consultation or put health information in the chat.
- Provide instructions on how to capture visual information – come close to the camera or take a photo.
- Let the patient know when you are taking notes or reading something – silence is OK.
- Ensure adequate clinical notes are in the patient medical record.
- Be aware that remote consults are new for patients and communication may be harder for you and them.

ACRRM



Clinical Handover after multi-party telehealth consultation

Make consultation notes Record any technical malfunctions Implement and monitor agreed follow-up actions Implement and monitor agreed follow-up actions





Ensure continuity of care

Make appropriate arrangements to follow the progress of your patient and inform their general practitioner or other relevant practitioners of the treatment provided, including any medications prescribed.

Keep other practitioners informed of the patient's condition and treatment you have provided when you are sharing the care of the patient.

Check your medical indemnity covers telehealth.

AHPRA Telehealth-guidance-for-practitioners

<u>Guidelines for technology –based patient consultations – Medical Board</u>



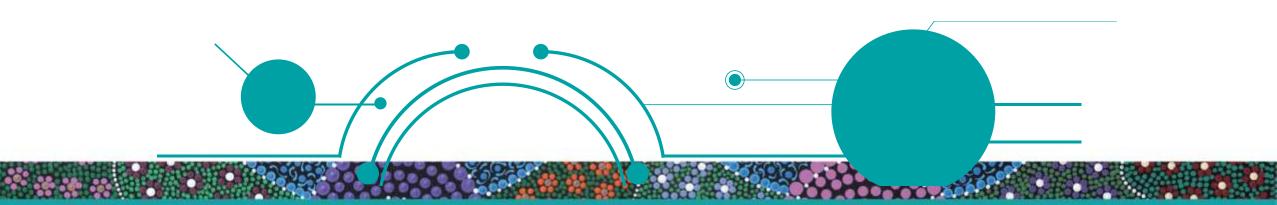
Learning Objective 3:

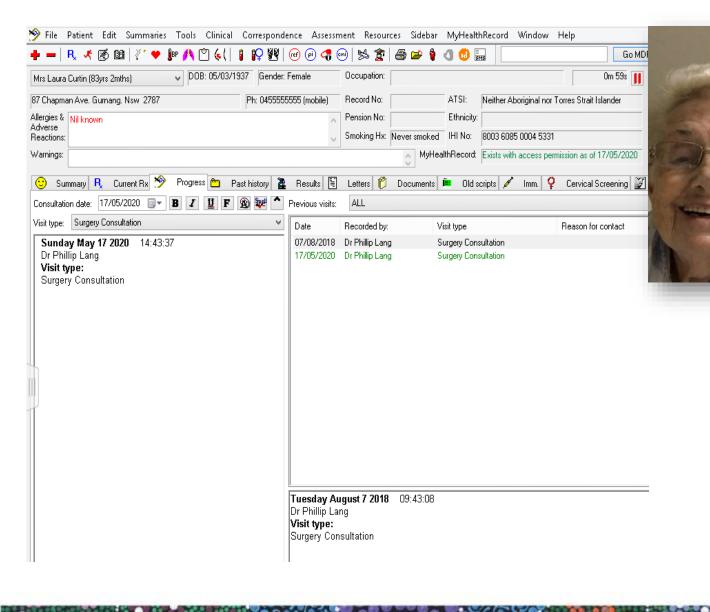
Explore benefits of My Health Record for specialists including Covid-19 pathology testing and results management.

Standard 1.3 "Expect to Share"

"Health Professionals should expect to share their health information with colleagues and with patients to facilitate safe and effective health care"

RACGP Quality Health Records in Australian Primary Healthcare

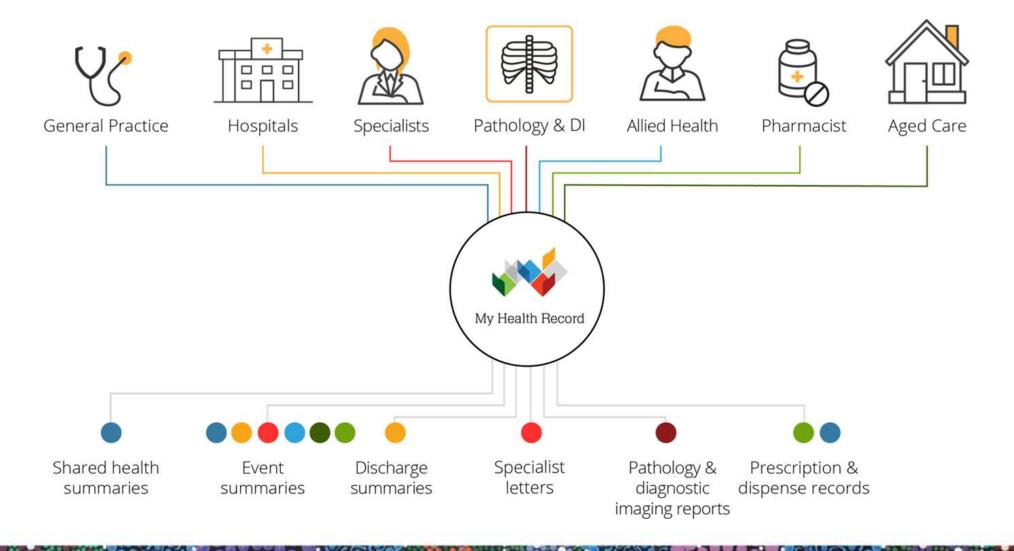




- Document sufficient clinical justification for proposed treatment.
- Make arrangements to follow the progress of the patient and inform the patient's GP or other relevant practitioners.
- Weep colleagues well informed when sharing care of patients.

<u>Technology-based-consultation-guidelines</u>

My Health Record: Easily accessible across healthcare settings



How are healthcare providers using it?





of pharmacies are now registered

are using My Health Record







There are almost

million Pathology Reports

How many documents are in the system now?



There are nearly

million Diagnostic

Imaging Reports



There are more than

million Discharge Summaries



more than

Shared Health Summaries

How did healthcare provider views change in March?



Views by GP's in March reached nearly

An increase of almost 20% since February.

Views by Public Hospitals and Health Services were

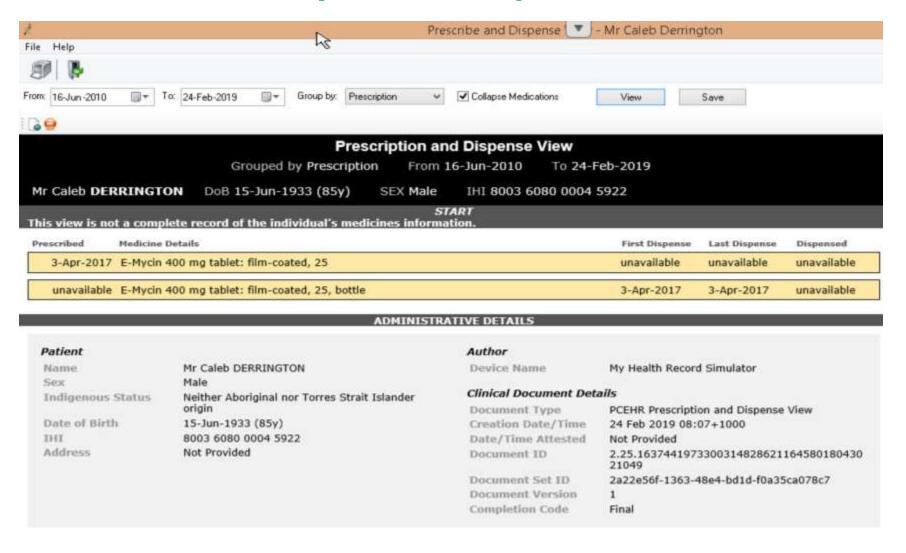




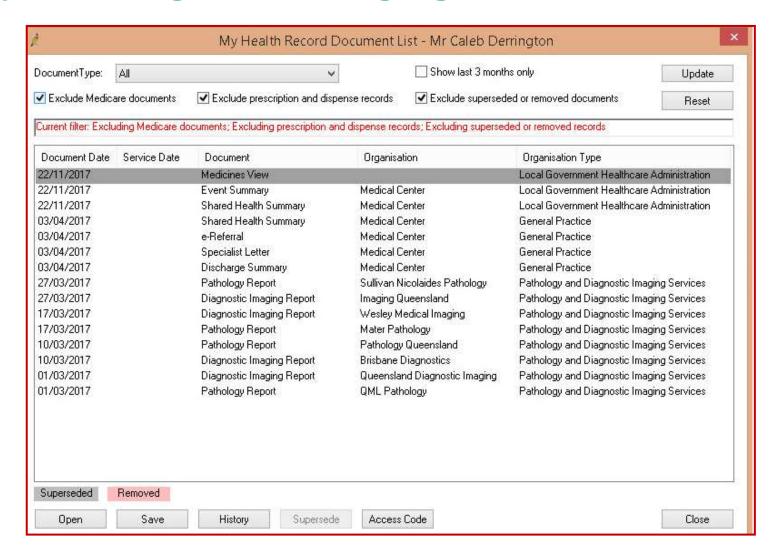
My Health Record



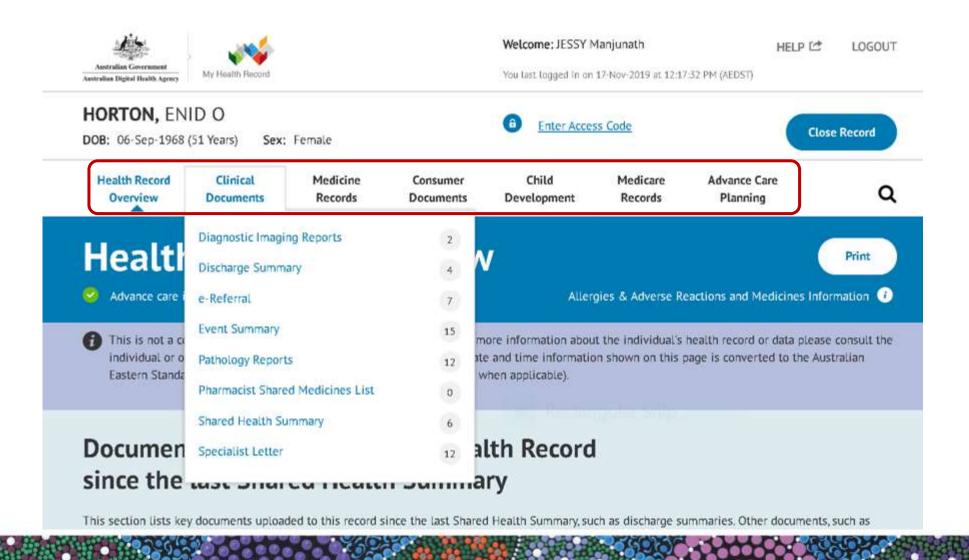
My Health Record – Prescription & Dispense View



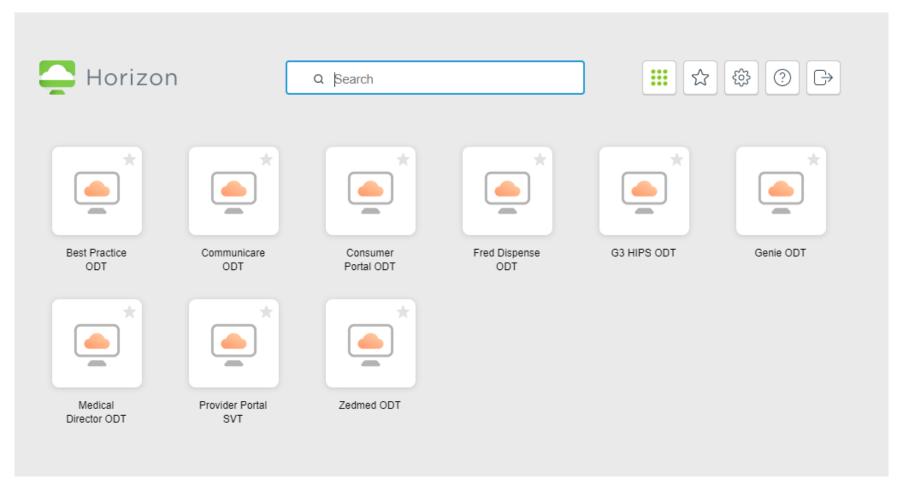
Pathology and Diagnostic Imaging included



Access via National Provider Portal



My Health Record 'On Demand' training environment



On Demand Training Environment



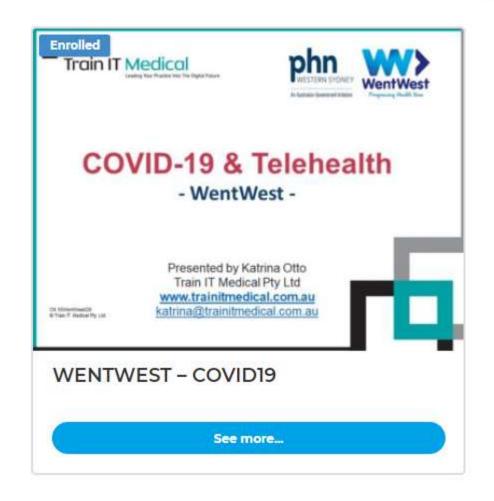
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https://courses.trainitmedical.com.au/

Enrolment Code: p8GsSTHo



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- 3. Telehealth Video Consultations Guide | RACGP
- 4. How to do video consultations well | ACRRM



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Book into one of our upcoming webinars:



| Webinar 7: ePrescribing, Results and My Health Record for multidisciplinary based care | 10 th June | 6.30pm |
|--|-----------------------|--------|
| Webinar 8: Electronic transfer of prescriptions using MedicalDirector | 17 th June | 6.30pm |
| Webinar 9: Electronic transfer of prescriptions using Best Practice | 7 th July | 6.30pm |







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Health Professionals

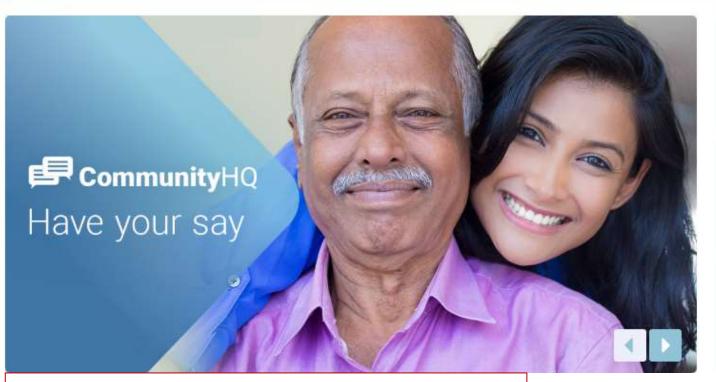
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Healthy Western Sydney

HealthPathways

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support@wentwest.com.au ph 8811 7117